

Van Tech Music

Senior Banff Tour 2023 Itinerary

Day 1 – Wednesday, April 19 (Revelstoke, BC – Ramada Wyndham)

- 6:45am Music Council, Perc, and Large Instr. group to Band Room to organize packing
- 6:55am Buses arrive, start loading percussion
- 7:10am All other students arrive, line up at bus (Emerald in front, Gold behind)
- 7:30am Buses Depart for the Rockies!
- 9:15am Stop in Hope, BC – 30 min. Breakfast Break (not included in cost) and stretch
- 12-12:45pm Kamloops, BC—Lunch Break at Aberdeen Mall (not included in cost)
- 1:00pm Arrive at Valleyview Secondary for Performance (don't need stand box)**
- 1:40pm Performance – order is Strings, Choir(s), Band**
- 2:40pm Pack up and load up bus
- 3:10pm Depart Valleyview
- 4:50pm D Dutchmen Dairy Ice Cream Stop and visit the cows (have money ready)
- 6:30pm Arrive in Revelstoke at Ramada Wyndham, check into hotel rooms
(1750 Trans-Canada Hwy, Revelstoke, BC V0E 2S0)
- 7:00pm Gold Bus Pizza Dinner in hotel conference room
- 7:30pm Emerald Bus Pizza Dinner in hotel conference room
- 8:00-8:45pm Gold Bus Pool Time*
Emerald Bus Study Time in conference room
- 8:45-9:30pm Emerald Bus Pool Time*
Gold Bus Study Time in conference room
- * Lucas on duty from 8:00-8:30, Sheila 8:30-9:00, Georgina 9:00-9:30
- 10:00pm In own rooms, room check, time to sleep!

Day 2 - Thursday, April 20 (Banff - Hidden Ridge Resort)

- 7:00am Emerald Bus breakfast
- 7:30am Gold Bus breakfast
- 8:00am Loading Team at buses
- 8:10am Load buses
- 8:30am Checkout and depart hotel
Time Zone Change – Pacific to Mountain time + 1 hr
- 11:30am Arrive in Golden, time for light lunch (not included in cost) or buy now, eat later
Emerald Bus: IGA
Gold Bus: Save On Foods
- 12:15pm Depart Golden for Lake Louise
- 1:30pm Arrival at Lake Louise for sight-seeing and Group Photo!
- 2:15pm Depart Lake Louise
- 3:15pm Arrive in Banff with free time to explore Banff Avenue and photo/scavenger hunt
- 4:00pm Meet and depart for hotel
- 4:15pm Arrive at Hidden Ridge Resort** and check in
(901 Hidden Ridge Way, Banff, Alberta. Phone: 1 (800) 661-1372)
- 4:40pm Max 4 members from each room load back onto one bus for Grocery shopping
- 5:00pm Grocery Shopping at the IGA (50 minutes)
- 6:00pm Arrival back at HRR for cooking dinner in rooms and prep for cookie contest
- 8:00-8:30pm Bi-Annual Cookie Contest – Delivery of cookies to Ms. K's and Ms. R.s chalet!
- 8:30pm Down time in chalets: option to study, hang out, games, etc.
- 10:00pm In own chalets, room check, get some sleep! Tomorrow we go to Calgary.

Day 3 - Friday, April 21 (Calgary – Studio Bell/School Performance)

- 6:00am Wake up and use purchased groceries to prepare and eat breakfast! Get ready for day trip to Calgary (option to pack your own Lunch with grocery purchases)
- 7:00am Load instruments onto buses
- 7:30am Depart for Calgary
- 9:00am Arrival at Varsity Acres School for Performances**
- 9:30am Performance #1 (30 minutes, 20 minute break for classes to change over)**
- 10:20am Performance #2 (30 minutes)**
- 10:50am Performances over and time to pack up and load buses

- 11:10am Buses loaded and departing for Lunch
- 11:20-12:00 Lunch stop at CF Market Mall (very short lunch time – spread out at food court)
- 12:25pm Arrive at Studio Bell to unload and get into Chap Group (no instruments needed)
- 12:30pm Studio Bell Gallery Experience, groups divided by Chaperones:
 Group #1: AQ, ER, AK (A-F)
 Group #2: AW, SF, AK (H-L)
 Group #3: SS, DW, AK (M-Z)
- 3:00pm Calgary Sightseeing Tour (walking from Studio Bell)
- 3:45pm Depart Calgary for Banff (bus pickup at Studio Bell)
- 5:30pm Arrival back at HRR, cooking in own rooms for dinner
- 7:00pm Gold Bus optional pool and hot tub time (*Georgina on lifeguard duty*)
 Emerald Bus recommended study group time in chalets
- 8:00pm Emerald Bus optional pool and hot tub time (*Sheila 8:00-8:30/Lucas 8:30-9:00*)
 Gold Bus recommended study group time in chalets
- 9:00pm Pool closed/get ready for stargazing walk or down time until room checks
- 9:15pm Meet outside for Stargazing walk, weather dependent
- 10:00pm In own chalets, room check, get some sleep! Tomorrow we have our workshops!

Day 4 - Saturday, April 22 (Banff – Music Workshops)

- 7:00am Wake up, prepare and eat breakfast; pack a lunch if desired
- 7:50am Loading Team at buses
- 8:00am Load buses
- 8:20am Depart for Banff Curling Centre
- 8:30am Set up percussion and warm up for morning workshop
- 9:00am Band Workshop (all band students) with Dr. Wendy Freeman
 Music Literacy Workshop (everyone else) with Mr. Wong
- 10:30am Snack Break (BYO) and set up for next workshop
- 11:00am Choir Workshop (all choir students) with Dr. Ilkim Tongur
 Team-Building Workshop #1 (everyone else)
- 12:30pm Lunch Break in downtown Banff – ALL
 15 min walk to downtown Banff, 15 min back or option to have brought a packed lunch but must be careful (technically no eating inside Curling Centre)
- 1:30pm Strings students set up and tune for workshop

- 1:45pm Strings Workshop (all Strings students) with Ms. Phoebe Chan
Team-Building Workshop #2 (everyone else)
- 3:15pm Transition into Symphony
- 3:30pm Symphony Workshop (all Symphony students) with Dr. Wendy Freeman
Music Appreciation/Literacy Workshop #2 (everyone else)
- 4:30pm Closing Session to Workshops (ALL): Guiding Us Forward
- 4:45pm Load Buses and depart for hotel
- 5:20pm Final night at Hidden Ridge, preparing dinner in rooms (grades 9-11) use up
remaining food as much as possible; what you don't eat will be wasted
- 5:45pm Grads + Ms. K. + Ms. R. load 1 bus to go to Keg for special dinner (6pm)
- 7:00-8:00pm Optional Pool Time for Grades 9-11 (Lucas 7:00-7:30/Sheila 7:30-8:00)
- 8:00pm Grads return to HRR
- 8:30-9:30pm Optional Pool Time for Grads (Lucas 8:30-9:00/Sheila 9:00-9:30)
- 9:30pm In own chalets, clean/pack for tomorrow as we are leaving bright and early
- 10:00pm Room check, get some sleep! We wake up very early tomorrow

Day 5 – Sunday, April 23 (Return to Vancouver)

- 5:00am Use purchased groceries to prepare breakfast, pack a lunch if desired, and
compost remaining food
- 5:50am Loading Teams at buses
- 6:00am Load buses with luggage and instruments
- 6:20am Depart Banff for Vancouver
- 8:15am Washroom stop in Golden on fast food strip
Time Zone Change -1 hr
- 10:00am Rest stop at the Last Spike Craigellachie
- 12:30pm Lunch stop at Aberdeen Mall in Kamloops
- 1:30pm Depart Aberdeen Mall
- 3:45pm Washroom stop in Hope – Flying J (if required)
- 4:30pm Bridal Veil Falls short nature walk
- 6:00pm Arrive at Vancouver Technical Secondary -
*Welcome Home and Happy Memories! Parents please stay tuned for updated
pickup time via messages from your child on Sunday around 5:00pm.*