***Kamloops 2022 Band Retreat - Packing List***

October weather in Kamloops is very different from the weather you are used to in Vancouver.  Please use this packing list as a guide to ensure that you have an enjoyable and comfortable experience.  Be prepared for extreme weather changes! It is advised that you check the weather prior to departure, as October in Kamloops can be anywhere from snowing and 0 to 10 degrees Celsius.    
  
For luggage size to be placed under the bus, please do not exceed 55 x 23 x 40 cm (21.5 x 9 x 15.5 inches). We need lots of room for large instruments, especially percussion equipment.

**Clothing:**

- Long pants

- T-shirts (including 2 x concert shirts – see concert dress)

- Long-sleeved shirts

- Swimsuit

- Socks, underwear

- Warm/Winter jacket (and other layering items) - it is estimated to be around 5 degrees during the day   
 when we are in Kamloops

- Toque/Mittens/Scarf

- Walking shoes or boots (that are warm enough in the case of snow)

**Toiletries:**

- Toothbrush/paste

- Brush/comb

- Soap/shampoo/conditioner

- Deodorant

- Contact lens solution (if applicable)

- Feminine care supplies (if applicable)

- Prescription medications needed (if applicable)

**Concert Dress – two sets of ‘concert shirts’ needed (wear one on Thursday, bring the other for**   **Friday)**

- Concert dress will consist of dark pants, casual (closed toe) shoes or boots and a shirt that is either:

a) VanTech colours (green/emerald and gold/yellow) OR

b) A neutral colour like black, grey, beige or white

**Performance/Workshop Materials – do not pack in your luggage!**

- Folder and music (with pencil!)

- Folding music stand – CLEARLY labelled with your first and last name

- Instrument (and neckstrap, valve oil, mallets, sticks, bow, rosin…)

- At least three working reeds and/or back-up strings!

**Day backpack**  
Music stand  
Music folder

Pencils/pens

Water bottle - SO IMPORTANT

Snacks for the bus (optional, no nuts and no dairy!)

Cash for non-included meals (see itinerary – 2 lunches)  
Camera (optional)

**Itinerary/Lanyard Nametag– to be worn at all times**

Electronics

* Be reminded—you are responsible for your own possessions!
* Call your cell phone provider to ask about possible charges in advance
* The chaperones have the authority to confiscate disruptive or problematic items
* Earphones and headphones are only permitted on long-distance travel days. While on tour, these should not leave the hotel